

**The Food Allergy Assessment form MUST be filled out COMPLETELY!!!  
If your child requires a medication for their allergy (Epi Pen, Benadryl),  
then it MUST be accompanied by the Food Allergy Emergency Care  
Plan form and BOTH forms will need a Doctors signature as well as a  
parent signature!!!**

**Parent Responsibilities:**

1. Notify the school nurse of your child's food allergy.
2. Provide medical documentation from your health care provider to the school nurse.
3. **Provide physician documentation and necessity of any requested accommodations.**
4. Provide the school nurse with the **COMPLETED** allergy packet (Food Allergy Assessment Form and Food Allergy Action Plan) **signed by your health care provider.**
5. Provide the school nurse with medication forms signed by your health care provider for any medication that needs to be at school for your child.
6. Deliver/Provide the school with medication **PRIOR** to the first day of school.
7. Provide the school nurse and teacher with a "safe snack" list for classroom treats and party days OR provide child's own snacks for these occasions.
8. Educate your child in self-management of their allergy as age appropriate including: safe and unsafe foods, how to avoid allergen, symptoms of allergic reaction, how and when to tell an adult a reaction is starting, how to read food labels and self- administration of epi pen.
9. Advise school of any field trip destinations that may pose potential issues for your child related to their food allergy. Accompany your child on field trips whenever possible.
10. **Parents are responsible to supervise/monitor their children regarding food allergies during PTC/PTO functions and school clubs either before or after school.** Any questions about food being served at these functions should be directed to the PTO/PTC officers or club sponsors.

**Thank you for adhering to the allergy guidelines for your child and for helping us to maintain a safe school environment for your child. If you have any questions please let me know.**

**Sincerely,**

Molly Bolnick, RN  
School Nurse LCE  
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